

fitpoint &



Fit HIIT with Daniel

Two FREE Donation Classes

Benefiting Huron Valley Humane Society!



Saturday, March 2nd
8:45 AM & 11AM

- Join us for a FREE High intensity Interval Training workout to get your heartrate up
 - 45sec on / 15 sec off total body workout for everyone!
 - Modifications always available
- ALL LEVELS ARE WELCOME!**



Fitpoint is accepting all donations to help the Huron Valley Humane Society!



Register using the QR code

20 spots available

First come, first served



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